



FEPPA



FIRST ANNUAL CONFERENCE OF FEMALE PELVIC PAIN ASSOCIATION

In association with
SAFUG [South Asian Federation of Urogynecology] &
Urogynecology Committee AOGD
[Association of Obstetricians & Gynaecologists of Delhi]

FEPPA 2024

20th & 21st April



📍 Auditorium 2nd Floor
@Medanta - The Medicity Hospital,
Gurugram, Haryana, India



REGISTER NOW

IUGA 
international urogynecological association



⋄ **THEME** ⋄
**Demystifying
Chronic Pelvic Pain**

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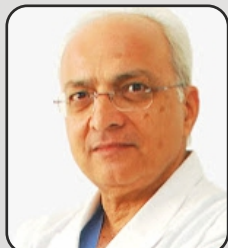
ORGANIZING COMMITTEE

Patron



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Chairman & Managing Director, Medanta
Cardiovascular & Cardiothoracic Surgeon
Medanta - The Medicity, Gurugram



Dr. Rajesh Ahlawat

Group Chairman
Urologist & Renal Care Specialist
Medanta - The Medicity, Gurugram



Dr. Amita Jain

Sr. Consultant Urogynecologist,
Medanta - The Medicity, Gurugram



Dr. Vidya Bandukwala

Consultant Obs & Gyn
Director: Touch of Joy Women's
clinic and Fertility centre, Mumbai

Organising Secretary



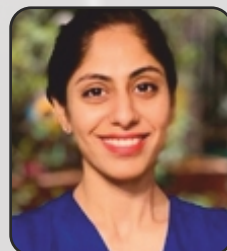
Dr. Karishma Thariani

Consultant Urogynecologist,
Center for Urogynecology
and Pelvic Health, New Delhi



Dr. (Prof) Monika Gupta

Chairperson AOGD Urogynaecology Committee
Professor, Obstetrics & Gynaecology VMMC &
Safdarjung Hospital, New Delhi



Dr. Tanvir Singh

Consultant Gynecologist, Tanvir
Hospital, Hyderabad



Dr. Preetha R

Associate Professor,
Department of Physiotherapy,
Manipal College of Health Professions,
Manipal Academy of Higher Education, Manipal

Executive Members

Advisory Board



Dr. Rajesh Taneja

Sr. Consultant Urologist,
Indraprastha Apollo Hospital
Delhi,
Chairman GIBS



Dr. Ranjana Sharma

Sr. Consultant, Urogynae, Laparoscopic/ Robotic
Surgery, Indraprastha Apollo Hospitals, Delhi



Dr. Vineet Mishra

MD, PhD, D.Sc, FRCP
President SAFUG



Dr. Mohan Chandra Regmi

Prof of Obstetrics and Gynecology
BP Koirala Institute of Health Sciences,
Dharan, Nepal

Treasurer



Dr. Deeksha Pandey

Professor & Head of Obstetrics & Gynecology,
Consultant Chief: Urogynecology at Sree Mookambika Institute
of Medical Sciences Kulshekaram, Tamil Nadu.

FEPPA Administrators



Ms. Deepti Paliwal

Administrative Secretary



Ms. Cheshta Jalan

Asst. Secretary



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OUT OF THE BOX

Refresh it!

Anatomical Basis of CPP
Evaluation of CPP
Back to Basics
Bladder and Beyond

Integrate it!

Patient Based Care Plan
Interesting cases
Multimodal Physiotherapy
Yoga in CPP

Uncover it!

Hiding under the sheets
Let's talk to the shrink
Mixed Bag of pain

Enjoy it!

Do it now: YOGA
KAHOOT !!
Nukaad Naatak
With her in pain
Interactive Workshops

Its gonna be an all new journey...

Experience it!



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National Faculty

UROLOGISTS

Dr. Mayank Kulreshtra	Raipur
Dr. Rajesh Taneja	New Delhi
Dr. Sanjay Pandey	Mumbai
Dr. Vinu Gopinath	Kanyakumari

GYNECOLOGISTS

Dr. Anjila Aneja	New Delhi
Dr. Manju Puri	New Delhi
Dr. Meenakshi Ahuja	New Delhi
Dr. Monika Gupta	New Delhi
Dr. Tanvir	Hyderabad
Dr. Vidya Bandukwalla	Mumbai

YOGA THERAPIST

Amit Kashyap	New Delhi
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UROGYNECOLOGISTS

Dr. Amita Jain	New Delhi
Dr. Deeksha Pandey	Kulshekaram
Dr. Karishma Thariani	New Delhi
Dr. Meera Ragavan	Chennai
Dr. Vineet Mishra	Ahmedabad

PHYSIOTHERAPISTS

Dr. Kavita Mehta	New Delhi
Dr. Manali Grover	New Delhi
Dr. Preetha R	Manipal

RHEUMATOLOGISTS

Dr. Neeraj Jain	New Delhi
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GASTROENTEROLOGIST & HEPATOLOGIST

Dr. A.S Puri	New Delhi
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VASCULAR & ENDOVASCULAR SPECIALISTS

Dr. Virender Sheorain	Gurugram
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PSYCHIATRISTS

Dr. Rajesh Goyal	Gurugram
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RADIOLOGIST

Dr. Jyoti Arora	New Delhi
-----------------	-----------

INTERVENTIONAL PAIN MANAGEMENT & PALLIATIVE CARE PHYSICIAN

Dr. Sorabh Garg	New Delhi
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International Faculty

GYNECOLOGISTS

Dr. Mohan C Regmi	Nepal
Dr. Saifuddin T Mama	New Jersey

PSYCHOLOGIST

Dr. Dan Isaac Pothiyil	UK
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UROGYNECOLOGISTS

Dr. Rene Genadry	USA
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Cherry Picked

*Other faculty names will be included after confirmation

Faculty from all over the Globe

20th & 21st April, 2024



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Who Can Attend??



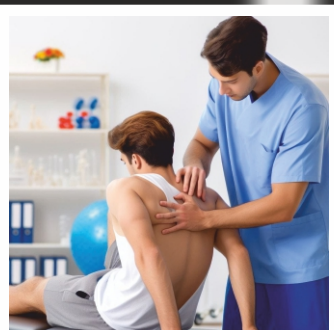
Gynecologist



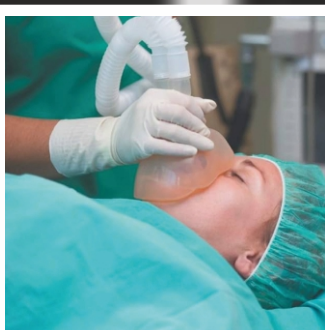
Urologist



Urogynecologist



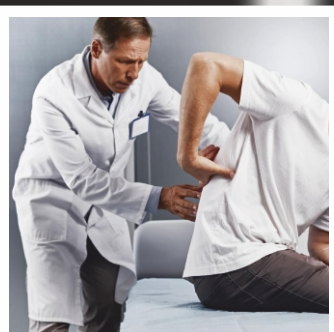
Physiotherapist



Anaesthesiologist



Yoga Therapist



Pain Medicine Specialist



Physician
[with special interest in Pelvic Pain]

Any Other Clinicians

[with special interest in Pelvic Pain]



FEMALE PELVIC PAIN ASSOCIATION

Scientific Program



Day 1 [08:30AM - 04:30PM]

Session 1: Introduction to Pelvic Pain [Moderator: Dr. Tanvir Singh]

08:30AM - 08:45AM	Pelvic Neuroanatomy	Dr. Saifuddin Mama (Gynecologist)
08:45AM - 09:00AM	Evaluation of a patient with CPP	Dr. Monika Gupta (Gynecologist)
09:00AM - 09:15AM	Formulation of a patient based care plan: the what, when and who of referral!	Dr. Anjila Aneja (Gynecologist)
09:15AM - 09:30AM	Discussion	

Session 2: Gynaecological Aspects of CPP [Moderator: Dr. Vidya Bandukwalla]

09:30AM - 09:45AM	Back to the Basics: Understanding Dysmenorrhea	Dr. Meenakshi Ahuja (Gynecologist)
09:45AM - 10:00AM	Endometriotic Pain: Management Update	Dr. Manju Puri (Gynecologist)
10:00AM - 10:15AM	Vulvodynia: does it exist?	Prof Rene Genadry (Urogynecologist)
10:15AM - 10:30AM	Interesting case - expert opinion	Dr. Vidya Bandukwalla (Gynecologist)

10:30AM - 11:30AM TEA BREAK & Inauguration

Session 3: Bladder and Beyond: Urological Causes [Moderator: Dr. Amita Jain]

11:30AM - 11:45AM	Painful Urination: BPS and beyond	Dr. Rajesh Taneja (Urologist)
11:45AM - 12:00PM	Recurrent UTI: opening the Pandora's Box	Dr Vinu Gopinath (Urologist)
12:00PM - 12:15PM	Urinary Microbiome in irritative LUTS: recent advances	Dr. Mayank Kulreshtra (Urologist)
12:15PM - 12:30PM	Interesting case - expert opinion	Moderator - Dr. Amita Jain (Urogynecologist)

Session 4: Pelvic Floor: Friend or Foe [Moderator: Dr. Karishma Thariani]

12:30PM - 12:45PM	Pelvic floor muscle dysfunction: standardizing the exam technique	Dr. Tanvir Singh (Gynecologist)
12:45PM - 01:00PM	Overactive pelvic floor and its manifestations	Dr. Meera Ragavan (Urogynecologist)
01:00PM - 01:15PM	Multimodal Physiotherapy Approaches in Persistent Pelvic Pain	Dr. Kavita Mehta (Physiotherapist)
01:15PM - 01:30PM	Discussion	

01:30PM - 02:30PM LUNCH

Session 5: Yoga in CPP [Moderator : Dr. Preetha R.]

02:30PM - 02:45PM	How can Yoga help in CPP	Amit Kashyap (Yoga Therapist)
02:45PM - 03:45PM	Live session on Yoga regimen to help women with CPP	Amit Kashyap (Yoga Therapist)
03:45PM - 04:15PM	KAHOOT/ QUIZ	Dr. Tanvir Singh (Gynecologist)
04:15PM - 04:30PM	Vote of thanks	

FEMALE PELVIC PAIN ASSOCIATION

Scientific Program



Day 2 : Paper Presentation (8:30AM - 9:30 AM)

Session 1: Hiding Under the Sheets: Sexual Pain [Moderator : Dr. Deeksha Pandey]

09:30AM - 09:45AM	Dyspareunia: an overview	Dr. Deeksha Pandey (Urogynecologist)
09:45AM - 10:00AM	Management strategies in Vaginismus	Dr. Karishma Thariani (Urogynecologist)
10:00AM - 10:15AM	Sexual pain after gender affirming surgery	Dr. Sanjay Pandey (Urologist)
10:15AM - 10:30AM	Discussion/Case	

10:30AM - 10:45AM Tea Break

Session 2: Let's talk to the Shrink: Psychological aspects [Moderator: Dr. Monika Gupta]

10:45AM - 11:00AM	Psychophysiologic Disorders (Brain-Generated Symptoms)	Dr. Rajesh Goyal (Psychiatrist)
11:00AM - 11:15AM	Role of counselling in CPP: a step wise approach	Dr. Dan Pothiyil (Psychologist)
11:15AM - 11:30AM	Coping strategies: Patients perspective	Live Patient (Podcast: Aarushi)
11:30AM - 11:45AM	Discussion/Case	

Session 3: Mixed Bag [Moderator : Dr. Vidya Bandukwalla]

11:45AM - 12:00PM	GI Etiologies for pelvic pain	Dr. A.S Puri (Gastroenterologist & Hepatologist)
12:00PM - 12:15PM	Pudendal Neuralgia	Dr. Mohan Regmi (Gynecologist)
12:15PM - 12:30PM	Vascular Etiologies of pain and Clinical approach to diagnosis and treat	Dr. Virender Sheorain (Vascular & Endovascular Specialist)
12:30PM - 12:45PM	Pelvic pain; Is it Fibromyalgia?	Dr. Neeraj Jain (Rheumatologist)

01:00PM - 02:00PM LUNCH

Session 4: Future [Moderator: Dr. Amita Jain]

02:00PM - 02:15PM	Functional MRI in characterization of Pelvic Pain	Dr. Jyoti Arora (Radiologist)
02:15PM - 02:30PM	Telerehabilitation in Chronic Pelvic Pain	Dr. Preetha R. (Physiotherapist)
02:30PM - 02:45PM	AI & Pelvic Pain	Dr. Vineet Mishra (Urogynecologist)
02:45PM - 03:00PM	Advancement in Pain Relieving Modalities	Dr. Saurabh Garg (Pain Management Specialist)

Session 5 : Interactive Workshops

03:00PM - 03:30PM	Demonstration of pelvic floor relaxation techniques	Dr. Manali Grover (Physiotherapist)
03:30PM - 04:00PM	Demonstration of multimodal treatment approaches by pain specialist	Dr. Saurabh Garg (Pain Management Specialist)
04:00PM - 04:15PM	Vote of thanks	

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Registration Detail

CATEGORIES	NATIONAL DELEGATES	
	Till 15th April 2024	16th April 2024 Onwards (Onspot)
Consultants	INR 6000	INR 7000
Single Day Charges	INR 4500	INR 5500
PG / AHP*	INR 5000	INR 6000
Single Day Charges	INR 3500	INR 4500

Registration Link



CATEGORIES	INTERNATIONAL DELEGATES	
	Till 15th April 2024	16th April 2024 Onwards (Onspot)
Consultants	USD 100	USD 150
Single Day Charges	USD 65	USD 95
PG / AHP*	USD 80	USD 125
Single Day Charges	USD 50	USD 80

Abstract Submission Link



*AHP - ALLIED HEALTH PROFESSIONALS

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(10+ pax) Get 50% off

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~~3000 Rs~~
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IUGA
international urogynecological association



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karishmathariani13@gmail.com



+91-9891324880



+91-8779515840



Exciting news! You can also now register for Single Day Conference!



FEPPA 2024

1st Annual Conference of

Female Pelvic Pain Association

In association with

**SAFUG [South Asian Federation of Urogynecology] &
Urogynecology Committee AOGD
[Association of Obstetricians & Gynaecologists of Delhi]**

**20th & 21st
APRIL 2024
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India**

**Submit your Abstract Now
& Be a Part of this Competitive Entry!!!
8:30AM–9:30AM IST on 21st April 2024
To be Presented in–person**

**Last Date for
Submission of Abstract
31st March 2024**

**Limited
Slots
ONLY!!**

**Finalist will be announced
by 1st April.**

**Registration free on
Acceptance of Abstract!**



THEME
**Demystifying
Chronic Pelvic Pain**

**Call for
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Free Paper
Session**

For More Details Click
on the below link



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